



City Schoolyard Garden Urban Agriculture Collective Food Justice Network IMPACT REPORT FISCAL YEAR 22



Food is a human right.

We all need food to survive. We all need constant access to meals that are culturally relevant, healthy, and affordable. And to thrive, we need systems that support equity and agency across all aspects of the food system, including production, distribution, preparation, consumption, and waste recycling. We need food equity.

Cultivate Charlottesville is a nonprofit that uses an integrated, community-focused approach to building food equity in the city of Charlottesville. Through our programs— City Schoolyard Garden (CSG), Urban Agriculture Collective (UAC), and Food Justice Network (FJN)—we bring together youth, community members, anchor institutions, and City departments to grow, share, and advocate for food justice.

Of course, in 2020 and 2021 the COVID-19 crisis introduced both short-term and lasting effects on the way we engaged with others. School garden interactions were different, for many months we could not welcome volunteers for Saturday morning sessions, Community Market Days were streamlined, and the drastic increase of the high rate of food insecurity locally—which was 17% in the City of Charlottesville versus 11% across Virginia **before** the pandemic—meant we had to focus on immediate food access.

At the same time, Cultivate continued to speak about the importance of food justice work with an even broader group of people. Those who could not join us in person donated to support our equity work with youth and community members. The new temporary farm space at CATEC became a reality as staff also looked toward securing additional urban agriculture space within the city limits. Cultivate Charlottesville aims to empower individuals to create a healthy and equitable food system - personally, in community, and across systems and structures.

Although COVID-19 was still a very real part of our lives in 2022, we were able to reclaim some ways of doing things from before the pandemic and apply what we learned during the height of the crisis. Our focus on equity never changed. We continued to build more wellness practices into our process. We remained committed to community throughout. We still prioritized learning and listening to students and others with lived food insecurity experience. We grew. We shared. We advocated.

As you flip through these pages, you'll read about that process, see lots of smiles, and gain insight into why and how we do what we do. If you have questions about our work, please reach out—we'd love to hear from you.

By the time you are reading this, we are already in Fiscal Year 23, and we are focused on The Power to Grow. This is a great time to join us as we focus on deepening connections, community leadership, collective work, and core impact. We encourage you to stay in the know about our programs by visiting our website, signing up for our email newsletter, and following us on Instagram & Facebook (see the back cover). And, of course, come get your hands dirty with us in the garden,

Team Cultivate



Cultivate staff and Board members at Jackson-Via





Jenifer Minor, UAC Farm Manager Nik Lewis, UAC Seasonal Farm Associate



Gabby Wade, CSG Intern Shamera Banks CSG Farm to School Coordinator



Jordan Johnson, CSG Program Director



Michael James, UAC Operations Manager



Rachael Boston, Board Chair





Joanna Currey UAC Seasonal Farm Associate



Yolonda Adams, CSG Youth Engagement & Garden Coordinator





Quentia Taylor, FJN Program Associate Katrina Beitz, Organizational & Finance Systems Director



Sarah Wayne, Youth Engagement & Garden Coordinator Lead



Leon Nunez, CSG Garden Associate





Amyrose Foll, UAC Program Director



Jeanette Abi-Nader, Co-executive Director Selena Cozart, Transformational Leadership Coach



Aleen Carey Outreach & Resource Program Director



Christopher Sims FJN Community Engagement Program Director



Richard Morris, Co-executive Director

Cultivate Charlottesville's Board of Directors is an integral part of the work we do. Board members volunteer their time to set strategy for the organization, support the co-executive directors, and harvest alongside the staff. Cultivate receives funding from federal, state, and local grants. In addition, we are fortunate to have the support of each of our individual donors. Whether a gift is ten or ten thousand dollars—it makes and impact, and for that we thank you.

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Jeanette Abi-Nader | Carolyn & William Achenbach | Adiuvans Foundation | Albemarle Garden Club | Allegheny Mountain Institute | Eric Anderson | Justin Anderson | Emma Andrews | Anonymous | Cyndy & Ray Aten | Miriam Axelbaum & Kai Van Horn | Stephen Bach | Baldwin Center for Preservation Development | Ballyshannon of CACF | Bama Works Fund of CACF | Louisa Barrett | Wendy Baucom | Benevity Community Impact Fund | Laurie Berman | Kathryn Bertoni | Herbert Beskin | Sarah Bingham | Katharine B. 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Wyckoff | Bruce Young | Henry Young | Virginia Zeller

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CULTIVATING EQUITY

- Elevating the the central importance of racial equity in food justice
- Collaborating with neighbor nonprofits to bring more Black residents into healing spaces

CULTIVATING SUSTAINABILITY

- Increasing environmental sustainability through farm practices
- Advancing policies that support food justice in the City Comprehensive Plan

CULTIVATING YOUTH ENGAGEMENT

- Partnering with Charlottesville City Schools for increased healthy school meal options
- Amplifying youth leadership in classrooms, gardens, and across the city

CULTIVATING CAPACITY & LEADERSHIP

- Building an organization of transformational individuals and teams
- Supporting the efforts of partner organizations for greater impact

CULTIVATING ORGANIZATIONAL VITALITY

- Hiring community members to lead initiatives
- Integrating across Cultivate's three core programs-CSG, UAC, and FJN

VFUTURE GROWTH AND IMPACT

- Securing land for long term urban agriculture, especially in low-wealth and BIPOC neighborhoods
- Adding an Apprentice Cohort for young adult graduates from our CCS programs



Carlton Jones, Coordinator of Nutrition for Charlottesville City Schools, Shamera, and Jordan present at the Virginia Department of Education Farm to School Conference

At Cultivate Charlottesville, we recognize the role race has played and continues to play in agriculture and education in Charlottesville and the nation. Because we manage garden spaces and work with public school students and community members affected by racial inequities, we commit to building equity in all our work.

The Numbers: in agriculture

(Across the country as provided by the United States Department of Agriculture (USDA) 2017 Census of Agriculture. The Census is conducted every five years.)



Number of Black Farmers 35,470

Black-operated farms sold \$1.4 billion in agricultural products in 2017. That number represented only 0.4 % of total U.S. agriculture sales.





Charlottesville City Schools data shows that 4 of the 6 elementary schools have a student body that is more than 50 percent "economically disadvantaged."

Of those 4 schools, 3 have a student body that is more than half Black.

What do the numbers mean for Cultivate Charlottesville's work?

- Cultivate focuses our work on the city of Charlottesville where the razing of Vinegar Hill, racially-motivated zoning, and student busing have directly affected food equity.
- Cultivate practices consistency among all of the elementary schools.
- Staff and Board members are a multi-generational, multi-ethnic, multi-cultural group.
- ✓ We provide (for members of FJN) and participate in (as a staff) equity training done by nationally-recognized groups such as Open Source Leadership and Soul Fire Farm.
- Ve host affinity groups to discuss the intersection of racial justice and food justice.
- Community engagement is a priority in neighborhoods across Charlottesville including Westhaven, Friendship Court, South 1st Street, 6th Street, Michie Drive, and Riverview.

 Cultivate maintains strong partnerships with community organizations including: Piedmont Housing Association of Residents (PHAR) Charlottesville Housing and Redevelopment Authority (CHRA) City of Promise The Women's Initiative Uhuru Foundation



The Women's Initiative Sister Circle Program focuses on the support, healing, and wellbeing of Black women from across the diaspora. Because Sister Circle works to provide communal spaces where Black women can receive support and strength for their bodies, minds, and spirits—they suggested a partnership with Cultivate Charlottesville.

The goals of this collaboration are to:

- ✓ build equity in city spaces
- offer safe space to ask questions
- ✓ share knowledge

Healing in the Garden allows participants to:

- ground themselves in the earth
- learn from each other about agriculture and food
- plant their own pots to continue their garden journey at home
- 🗸 create new relationships

After the success of the first two Saturday morning gatherings, Cultivate and The Women's Initiative have committed to continuing this offering annually.







In Cultivate garden and farm spaces, sustainability refers to the manner in which we respectfully steward the land we're on. This includes promoting urban agriculture to residents and partners as a component of a healthy and just food system.







- Several hundred pounds of compost were created from what would have been Cultivate garden waste.
- We used no industrial herbicides or pesticides.
- The UAC team saved seeds for use in the farm plots and also shared them with the community. The CSG youth engagement & garden coordinators will do so in the future as a measure of taking control of our own supply system.
- Volunteers from Presidential Precinct helped to leverage the benefits of polyculture by planting beans between rows of brassicas at CATEC.
- At West Street, irrigation was added under the weed barrier to conserve water by minimizing evaporation.
- At CATEC, deep mulch was donated by Meadow Creek Golf Course to be added between rows for moisture retention and weed control.
- Rainwater capture tanks were installed at the elementary and middle school gardens as well as at the Friendship Court, South 1st Street, and 6th Street farm plots.



- CSG team members started to install plants that are more suited to the moist & acidic ground naturally occurring at Clark Elementary. These include both edible and medicinal native species for youth to interact with. This minimizes the need for amendments and inputs to augment growing conditions.
- Fall leaves were used along with straw mulch for garden beds which provided nutrients to the soil over the winter, while aiding in moisture retention.
- Because bats are insect predators and can reduce some plant pest populations, we collaborated with a community member to install a bat house at the 6th street plot.
- Green pathways, which sometimes include clover, were installed in the elementary gardens as a way to sequester more carbon and fix nitrogen.
- We shifted from regular tilling to a low till, and eventually to a no-till operation. No-till farming reduces carbon emissions through a decrease in the use of gas engines and from releasing carbon sequestered in the soil. It's also friendlier to soil microbes.









A **TEMPORARY** Space for Urban Agriculture Collective

Urban Agriculture Collective of Charlottesville (UACC) started as the Quality Community Council's Farm Initiative. Led by the efforts of Karen Waters along with Jenifer Minor, Tamara Wright, and other community leaders, the first production plot was established at Friendship Court. Farmer Todd Neimeier and UACC team members expanded growing space to include South 1st Street, West Street, and 6th Street.

Many of those original farm spaces are now the site of necessary redevelopment to revitalize neighbors' homes. As UACC joined CSG and FJN to become Cultivate Charlottesville, one of the key goals was to find temporary farm land to continue producing up to 10,000 pounds of fresh fruit and vegetables for Community Market Days until construction is complete.

That's where Charlottesville Albemarle Technical Education Center (CATEC) came in. CATEC is shared city-county trade school for students to develop workforce skills before graduation.



The CATEC staff was enthusiastic about sharing their available land with Cultivate– there was just the not-so-small task of establishing a 10,000 acre farm plot.

That is where additional community partners came in. Piedmont Master Gardens volunteered numerous hours to help ready the soil, local nonprofit Building Goodness Foundation built a strong, rodent-deterrent fence, and UVA Morven Farm donated both fallen cedar trees as well as the hours and personnel to mill the wood. CATEC Building Trades students fashioned the wood into raised beds to put the finishing touch on the new space.

MORVEN



Building Goodness Foundation building community and improving lives

One of the benefits of the new UAC plot is collaborating with culinary students. The CATEC Technical Eats! Food Bus serves lunch to the public, often using fresh produce from UAC in their meals. With the expansive farm space, not only can UAC team members continue to grow everything from collard greens to tomatoes to herbs—they can also welcome large youth & volunteer groups to learn about crops & compost and help harvest!















The Numbers:

🛑 🌒 student garden interactions

paid youth food justice intern positions

times that the Student Choice Meals items were highlighted on the CCS lunch menu



Harvest of the Month fruit and vegetable taste tests



















City Schoolyard Garden (CSG) began collaborating with Charlottesville City Schools (CCS) in 2010 when the first garden was planted at Buford Middle School. Since then, our partnership has blossomed to also include growing spaces at each elementary school and Charlottesville High School. In addition to Cultivate's key commitment to provide experiential learning to students across the district, we are also working hand in hand with CCS on the Healthy School Meals Initiative.

Funded in part by an Shaping Futures grant from Charlottesville Area Community Foundation (CACF), this work is focused on:

EQUITY THROUGH ACCESS: increase student meal participation

"CHS has been serving over 500 students per day. We have never served that many students in a single day." Carlton Jones, CCS Nutrition Manager

STAFF & EQUIPMENT: build school capacity to provide healthier food

Key assistance to the CCS Nutrition Department during the COVID-19 crisis

Skills training for CCS Nutrition Department staff with HBO-star chef and local business owner Antwon Brinson's Culinary Concepts A/B.



FRESH, SCRATCH, LOCAL: increase access to healthy food options in school meals Farm to School week twice a year Harvest of the Month

YOUTH VOICE & CHOICE: engage student & community leadership Youth food justice intern cohort collaborating with the CCS Nutrition Department to pick menu offerings for breakfast and lunch

YOUTH NUTRITION EDUCATION: increase student healthy living skills New farm to school coordinator Student interactions with youth engagement & garden coordinators



2021 Youth Food Justice Interns

Cultivate Charlottesville trains future leaders in food equity by mentoring Youth Food Justice Interns during summer months. For 8 weeks, paid interns spend 20 hours per week in the garden and in discussion groups learning about growing food, food access, food insecurity, and the food system in Charlottesville.

Many youth return to the internship program for subsequent years to hone their skills as gardeners, public speakers, critical thinkers, teammates, and leaders.



"These carrots are amazingly delicious; I didn't know they could be different colors. They are sweet! I like how you can take home fresh foods you grew yourself."

2022 YOUTH FOOD JUSTICE INTERNS

"In the garden I feel like I am actually taking care of a life. Preparing the garden beds and doing the physical work...makes me feel useful and confident about my strengths."





Transformational Leadership

In May 2021, Cultivate Charlottesville introduced a TRANSFORMATIONAL LEADERSHIP model to talk about our current work model and to continue the process of developing a structure where team members can grow and thrive in equity. The most visible aspect of this model is shared leadership, which promoted an internal staff member, Richard Morris, to become co-executive director alongside long-time leader Jeanette Abi-Nader. While not many organizations operate in this way, the mission and values of Cultivate make it a good fit for our programs. In addition to shared directorship, this model includes:

- Cultivate leadership is distributed, active at every level of the organization, and grounded in racial equity.
- Cultivate programs are integrated and create a complex system where goals are addressed with multiple strategies which provide impact across multiple goals.
- Cultivate leadership clearly practices our values and focuses on program impacts.
- Cultivate is a diverse, multi-generational, multi-racial, multi-lingual, multi-gender, multiskilled work community that is respected, cared for, and well-utilized.
- Cultivate impacts partner institutions as an activist and networking force that amplifies food equity.



We make the heavy lifts lighter because we lift together



WE INVEST IN EACH OTHER



Everyone at Cultivate has the opportunity to stand in leadership in ways that play to their strengths and that align with their area of focus. We work within and across teams. This is an intentional design to share power with people of color across all levels.



Between 2015 and 2022 Cultivate Charlottesville invested more than

\$500,000

in the work of our partners!

Blue Ridge Area Food Bank (BRAF)/ Blue Ridge Area Health District | Hunger Action Coalition | Black and small farmer stipends | Charlottesville City Schools (CCS) | City of Charlottesville Department of Human Services | City of Promise | Congregate Charlottesville | COVID Text Messaging System | Cville Cares – Neighborhood Navigators | Food Justice Network partners | The Haven | IRC New Roots | Local Food Hub | Nourish our Neighbor | Piedmont Virginia Community College (PVCC) | Public Housing Association of Residents (PHAR) | Women's Initiative Sister Circle | Racial equity trainings for partners | Spring Seedling Plants to local gardens & farms | Trinity Episcopal Church – Bread and Roses | Urban Agriculture Collective of Charlottesville (UACC) | Uhuru Foundation | Virginia Foodshed Capital



PARTNER HIGHLIGHT



Cultivate staff at Booker T. Washington Park

Integrated Systems and Structures

While City Schoolyard Garden (CSG), Urban Agriculture Collective (UAC), and Food Justice Network (FJN) are our public-facing programs, we also have an internal program —Integrated Systems and Structures (ISS)—that coordinates across programs for a healthy, rewarding, and efficient work experience. Behind the scenes this team is making sure that the sausage (or kimchi) gets made. Some of the cores functions of ISS include:

Onboarding new team members

- Engaging supporters
- Working with the co-executive directors on strategic initiatives
- Coordinating social media
- Implementing internal equity practices

- ✓ Collaborating with the Board
- Communicating staff benefits
- Thanking donors
- Training staff
- Maximizing the impact of all of Cultivate's programs



COMMUNITY SPOTLIGHT



Mr. Charles "Alex-Zan" holding a picture of himself from September 8, 1959



The installation begins with sundials going into place in the gardens at Buford Middle and Clark Elementary. Community members, such as former CCS School Board member Dr. Sherry Kraft and Mr. Alex-Zan, who attend the spring 2022 ROOT! event see the sundial at Clark.

The Charlottesville Twelve

On Tuesday, September 8, 1959 nine Black elementary students and three of their high school peers go to school. This ends the year-long Massive Resistance policy put in place by the Virginia government in opposition to Black and white children attending desegregated schools together. With the support of their parents, these brave youngsters finally integrate the Charlottesville City Schools in accordance with Brown v. Board of Education and become known as the Charlottesville Twelve.



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Cultivate youth food justice interns design a sundial to be placed in each school garden that will honor the legacy of the Charlottesville Twelve and meet with some of the living legends to show them the demo.

Once the individual pieces are delivered, interns, the Cultivate team, Charlottesville City Schools staff, community members and the 4 living members of the Charlottesville Twelve (as well as Mr. Alex-Zan's mother) gather at Vinegar Hill Theatre for the unveiling of the finished sundials.



On September 8, 2022–63 years after the day that the Charlottesville Twelve integrated the City's public school system–three Walker Upper Elementary students read letters they wrote to Mr. Alex-Zan and his former classmates in front of the newly installed Clark sundial.









THANK YOU to all of the volunteers who give their time to prepare healthy snacks, plant seeds, tend growing spaces, and harvest fresh produce with us WE APPRECIATE YOU!



COMMUNITY SPOTLIGHT

Welcoming Youth Gardeners to Charlottesville



Cultivate staff and interns hosted the exceptional ladies of "I Believe in Me" at CATEC. "I Believe in Me" (IBIM Girls) is an organization in Baltimore, Maryland that supports the physical, mental, social, emotional, and financial success of young Black and brown girls. The inspiration Cortney "Farmer Cortney" Robertson had to start the organization came from her grandfather who had a small urban garden when she was young. "I would work with my cousins and friends in the garden. The food helped to feed our family, and working in the garden allowed me to establish independence at a young age," said Robertson.

To foster independence in today's youth, IBIM Girls focuses on mentorship, engaging community, growing/sharing food, and working to dismantle systemic issues. Rosy and Markasia shared their experience in those areas as Cultivate food justice interns.

The day was filled with laughter, conversations about favorite foods, samples of the produce, and of course SELFIES!





The Power to Grow

The Power to Grow extends far beyond the plants in our garden and farm spaces. In the year ahead, Cultivate is focused on securing long-term, urban farming land where the produce harvested will continue to go to BIPOC and low-wealth neighborhoods; expanding our community initiatives; and adding a stairway to leadership for young adults who have grown up through the CCS gardens and want to stay engaged as they navigate career building.





- GROW CONNECTIONS As in-person events return, stepping back into community events and reigniting connections and relationships is key. Cultivate Charlottesville is people-powered—at the heart of our work, are our team and the partnerships we forge.
- GROW COMMUNITY LEADERSHIP We are adding a paid Apprentice Cohort for young adults navigating post-high school jobs, education, and life skills. Each apprentice will focus their work on a certain program activity and come together for shared skill building, peer learning, and food justice advocacy.
- GROW COLLECTIVE WORK Cultivate will ignite our collective work by amplifying community leaders, collaborations, and partnerships. We have secured two grants that include sub-awards to partners in the Food Justice Network who are working together to build food equity.
- **GROW CORE IMPACT** Approval for the Food Equity Initiative Policy Platform and City Comprehensive Plan Food Equity chapter is just the beginning. This year we aim to secure more urban agriculture land, produce more crops to share in the community, and engage more youth and partners in leadership and hands-on learning.





GROW | SHARE | ADVOCATE

To learn more:



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